

31 - 03 - 2013



KISPORT & TAEKWON-DO.NL

Sunday march 31st, 2013:

All I.T.F. Taekwon-Do Cup Easter Tournament

A-category tournament

Juniors - Seniors - Veterans

Patterns and Sparring
(poule system)

Team Patterns and Team Sparring
(knock-out system)

PRIZE MONEY FOR TEAM SPARRING

Special guest:

ORGANIZERS

Harry van Schaik and Robin Born

DATE

Sunday march 31st, 2013

LOCATION

Sporthal de Kruisboog
Kruisboog 17
3994 AE Houten

AGENDA

Opening hall

08:00 uur

Weigh-in

vanaf 08.30 tot en met 11.00 uur
(1x reweigh allowed, no more, if incorrect change to other category or disqualification)

Umpire meeting

09:00-09:15 am
(by head referee)

Coach meeting

09:15-09:30 am
(by head referee)

Opening ceremony

09.45 am

Start Patterns

10:00 am

Start Team Patterns

11.30 am (approximately)

Start Sparring

12:00 am (right after Team Patterns)

Break

12:30-13.00 am (all areas)

Start Team Sparring

15.00 am

End

18:00 am



KI-SPORT
MARTIAL ACADEMY

CATEGORIES

A. Semi-contact individual sparring
Junior/senior/veteran in poule system
(minimum 3 matches, depending on registrations)

B. Patterns
Individual in poule system
(minimum 3 matches, depending on registrations)

C. Semi-contact team sparring
Junior and senior teams knock-out system

D. Team Patterns
Junior en senior teams knock-out system

Sparring match duration

Junior and Senior	1 x 2 minutes
Finals	2 x 2 minutes

Awards

Trophy only for the 1st place. Numbers 2 and 3 receive a place on the stage.

With team sparring there will be prize money, dependant on the number of registrations. Team Patterns 1 trophy.

AGES

Junior female & male

13 - 17 years.

Senior female & male

18 +

Veteran female & male

35+ (either senior or veteran, not both!)

CATEGORIES SPARRING

blue belt (4th kub) and up (*continuous sparring*)

SAFETY EQUIPMENT

1. No boxing gloves, gloves must have closed fingers;
2. Soft shin and underarm protection is allowed;
3. Groinguard mandatory for males.
4. Headguard mandatory for juniors.

WEIGHT CATEGORIES SPARRING

Junior dames -45, -50, -55, -60, -65, +65 kg
Junior heren -50, -56, 62, -68, -75, +75 kg

Senior dames -50, -56, -62, -68, -75, +75 kg
Senior heren -57, -63, -70, -78, -85, +85 kg

SPECIAL EVENT

Veteranen dames -70, +70 kg
Veteranen heren -75, +75 kg

NOTE:

Changes can be made until 15-03-2013.
On the day itself € 10,- to change.

CATEGORY PATTERNS

2 competitors against each other. 1 Optional pattern, finals optional and designated pattern.

1. Blue belt up to black stripe
up to Choong-Moo

2. 1st Degree
up to Ge-Baek

3. 2nd Degree
up to Juche

4. 3rd Degree
up to Choi Yong

5. 4th Degree up to 6th Degree
up to Moon Moo

TEAM SPARRING

Team A: 3 participants + 1 back-up player (*blue belt and up*)

NOTE:

A. Juniors are participants 13 - 17 years!

B. Winner of 2 matches is winner, draws possible!
(*win match 2 points, draw 1 point, loss 0 points*)

C. In case of draw, one extra match (1,5 minute), after that sudden death with the same match-up.

TEAM PATTERNS

Team A: consists of minimum 3 participants and maximum 5 (*blue belt and up*)

NOTE:

A. Optional pattern up to the highest allowed pattern for the lowest grade.

B. No patterns allowed above Ge-Baek

C. In case of a draw, there will be a designated pattern.

D. Teams can be mixed from junior, senior and veteran both male and female!

UMPIRES

Required apparel

blue/black trousers, white long-sleeved shirt, blue/black tie.

- 1 to 5 competitors 1 umpire must be delivered

- 6 to 10 competitors 2: umpires

- 10 competitors and up 3: umpires

(*at least 1 centre referee*)

NOTE:

1. If teams have no umpire, there will be a penalty of € 30,00 euros;

2. All umpires will have lunch.

3. Strived will be to cooperate with the invited centre referees and Jury Presidents.

COACHES

- 1 coach - 1 up to 5 competitors,
- 2 coaches - 1 up to 10 competitors
- 3 coaches - 11 or more competitors

RULES

Semi-contact individual (continuous sparring):

A. 1 point for all hand techniques high/mid-section (also flying hand techniques);

B. 2 points for mid-section kicks (also flying kicks);

C. 3 points for high-section kicks (also flying kicks).

Competition rules will be according to the I.T.F. - AETF Taekwon-Do rules,

<http://www.tkd-itf.org/pagina.php?idpag=1169&web=47&lng=3> or http://www.itfeurope.org/competition_rules.html

In case of protest, the head referee has the final decision.

PRESS

Pictures can only be taken from the grandstand.

PARTICIPATION FEES

Sparring and Patterns

€ 25,- (at least 6 matches, depending on registrations)

Sparring or Patterns

€ 25,- (separate registration does not give a discount)

Team Sparring

€ 30,- a team

Team Tul

€ 30,- a team

CHANGES OF PROGRAM

Organisation retains the right to change categories or sparring time to make it a successful day. Coaches will be informed about this during the coachmeeting. Please understand!

PAYMENT OF FEES

No restitutions. Deadline march 20th, 2013.

Stichting Ki

Postbank 9395614, Barneveld
in the name of your dojang and All ITF TKD Cup

INSCRIPTION FORMS

Deadline march 20th, 2013.

E-mail shop@taekwondo.nl and info@kisport.nl

ENTRANCE FEE

€ 5,- a person

LIABILITY

Each participant is responsible for his/her own physical and mental state and must participate without any restrictions. The organization takes no responsibility for injuries and or damages during competition.